

NEWSLETTER

HANOVER AGE-FRIENDLY CONNECTIONS

AGE-FRIENDLY COMMUNITY WELCOME

The Town of Hanover and the Age-Friendly Advisory Committee would like to welcome you to the 2nd edition of our monthly newsletter "Hanover Age-Friendly Connections". This new initiative is supported by the Ontario Government, Ministry for Senior's and Accessibility through Seniors Active Living Centre (SALC) funding. The monthly newsletter will contain information, activities and special events pertaining to older adults in our community.

For more information on SALC Programs and the Age-Friendly Advisory Committee visit

www.hanover.ca/our-community/age-friendly-hanover.

MONDAY MAY 18TH, 2026 VICTORIA DAY

Known as "May Two-Four," it is the oldest official holiday in Canada (since 1845) and traditionally signifies the start of summer and cottage season.

JOIN OUR MAILING LIST!

Are you interested in receiving news updates on Age-Friendly information, including this newsletter directly to your inbox? Subscribe to the Hanover Age-Friendly mailing list by clicking this link

<http://eepurl.com/jDytRw> or by visiting the Age-Friendly webpage and selecting the subscription button at the bottom of the webpage.

www.hanover.ca/our-community/age-friendly-hanover.

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01.05.2026

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HANOVER AGE-FRIENDLY CONNECTIONS



Sign Up for Primary Care in Grey Bruce

Do you live in Grey or Bruce County and need a family doctor or nurse practitioner? You can register with Health Care Connect to be matched with a primary care provider in your area.



HOW TO REGISTER

Register with health care connect by completing their form, OR call 8-1-1.

NEED HELP WHILE WAITING FOR A PROVIDER?

Visit: <https://www.greybruceoht.ca/get-primary-care>

WALK FOR ALZHEIMERS

On May 30, our community has a meaningful opportunity to come together in support of individuals and families impacted by dementia. The IG Wealth Management Walk for Alzheimer's is more than just a walk it's a chance to show compassion, raise awareness, and make a real difference locally.

Every step taken helps fund vital programs and services offered by the Alzheimer Society Grey Bruce, including education, support groups, one-on-one counselling and social recreation programs for people living with dementia and their care partners right here in our region.

Ways to register:

- Visit: www.walkforalzheimers.ca
- Contact Alzheimer Society Grey Bruce 519-376-7230 or 1-800 265-9013
- Join an existing team or create your own with friends, family, or coworkers
- Register on the day of the event

I'm walking so no one living with dementia walks alone.

May 30th, 2026

IG WEALTH MANAGEMENT
WALK FOR ALZHEIMER'S
Alzheimer Society
GREY BRUCE

**REGISTER TODAY
AND WALK WITH US.**

The graphic features a dark blue background with light blue flowers. The text is white and light blue. The IG Wealth Management logo is in the top right, and the Alzheimer Society Grey Bruce logo is in the middle right. The date "May 30th, 2026" is circled in light blue. The main call to action "REGISTER TODAY AND WALK WITH US." is in large, bold, light blue letters at the bottom.

RECIPE OF THE MONTH



PREP TIME
15 MIN



COOK TIME
8-10 MINUTES

Ingredients

- Graham Wafers
- 1 cup butter, melted
- 1 cup brown sugar
- 1 TSP vanilla
- Spring/ seasonal sprinkles

SPRING BARK

Instructions

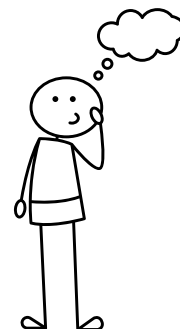
1. Preheat oven to 375°F (190°C). Line a cooking sheet with tin foil, and rub butter over foil.
2. Line the cookie sheet with graham wafers.
3. In a heavy pan, melt $\frac{3}{4}$ cup butter. Add $\frac{3}{4}$ cup brown sugar.
4. Bring to slight bubble and add 1 TSP vanilla. Stir until a nice caramel colour.
5. Pour over graham wafers.
6. Place in oven for 8-10 minutes, watching closely.
7. Once a golden colour, remove from oven and immediately place 225 grams chocolate chips over top.
8. Once chocolate melts, smooth with back of spoon, and distribute sprinkles.
9. Place in fridge to cool.
10. Break into chunks and pieces
11. Store in metal cookie tin in fridge, enjoy!



DID YOU KNOW...? MOTHERS DAY EDITION

Mothers day accounts for 26% of all holiday sale's for florists, with carnations being the traditional flower.

Anna Jarvis, who founded the holiday to honor her mother, later campaigned against it, appalled by its commercialization, and fought to have it removed from the calendar.



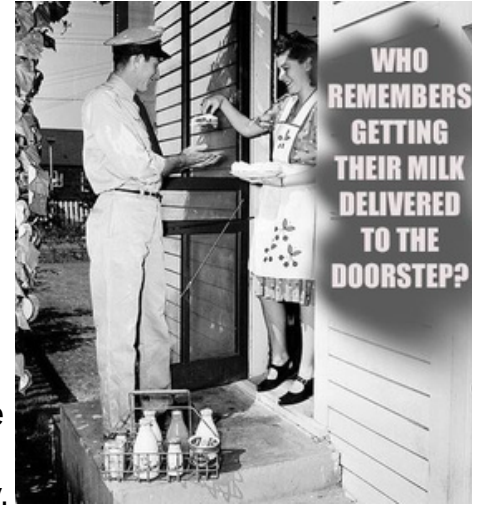
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THE MILKMAN

Written by Al Morrow

One of the most familiar images of my childhood, which always comes to mind when I think back on those carefree, happy days of seventy years ago, is that of the milkman and his horse. Of course, milk delivery was not a new activity, and it had gone on in our town long before my memories begin. The Hanover Dairy & Poultry Co-operative formed in 1947, was the first business to execute the delivery of fresh, farm produce. The business was located on 9th Avenue just north of the main street. The dairy building, itself, was eventually converted to apartments and it burned a number of years ago. Today, a large, newer, apartment complex stands on the site.

Mr. Clarence Metcalfe was the manager of the dairy from 1947 to sometime in the 1960s. He and his wife, Vera, lived in our neighbourhood right on the County Line (7th Avenue) and were particularly close friends with our family.



The delivery of milk was by horse and wagon. This hardly seems possible or even probable in the 1950s, but that was the case. In my time, the wagon was a more modern, closed-in, roofed vehicle with rubber tires. It had a door on each side and plenty of room inside to stand up. It was also open at the back and an opening at the front allowed for the reins to control the horse and, of course, for vision ahead.

The milkman carried milk, cream, butter and eggs. He would carry a selection of the various commodities to the door in a fairly large, wire basket, which always looked heavy to me, especially when it was full. The milk was in glass bottles with the "Hanover Dairy Co-op" right on the front. This was "whole" milk and you could see the cream, which seemed to float to the top near the neck of the bottle. My mother would often carefully pour the cream off to use with coffee etc. The rest of the milk was plenty rich enough. It took a lot of milk for three kids in our house and my mother would put the empty bottle out on porch every day. She would leave a note for the milkman and money in the bottle. A little while later, she would go out and retrieve a new, full bottle and anything else she had purchased and bring it inside. The change, if any, was always placed carefully on the cap of the bottle. No need to worry about the money disappearing – not in those days.

Winter was more of a problem. My mother would also want me to shovel the porch off and make a path for the milkman. We had to be more vigilant and get the milk in quickly. More than once, the milk had frozen and a column of white ice milk had pushed the cap right out of the bottle and was sticking up several inches. It must have been a cold, hard job for the milkman on those freezing, winter days.

Mr. Harold Fleet was the milkman in our neighbourhood and he was always very friendly and understanding. Mr. John Harvey was the other well-known milkman, but in another part of town. There may have been others as well. Eventually, for a few years, the horse and wagon were replaced by a truck, but I distinctly remember Mr. Fleet remarking that he often wished he had his horse back as the trucks were mechanically always breaking down. I guess "start and stop" driving was hard on them. Sadly, in the end, milk delivery died out as refrigeration in stores improved.

HANOVER HAPPENINGS

MONDAYS

PROGRAM	TIME	LOCATION	NOTES
Lane Swim	6:00am & 11:30am	P&H Centre	Click here for more info.
Aquafit	See Notes	P&H Centre	Click here for more info.
Pilates	9:00am	P&H Centre	Click here for more info
Adult/Senior Swim	10:15am	P&H Centre	Click here for more info.
Chair Yoga	10:30am	P&H Centre	Click here for more info
VON- Parkinson's	1:00am	Grace United	Contact church for more info
Euchre	1:30pm	Hanover Legion	Contact Legion for more info
Line Dancing	6:30pm	Hanover Legion	Contact Legion for more info
Darts	7:00pm	Hanover Legion	Contact Legion for more info

TUESDAYS

PROGRAM	TIME	LOCATION	NOTES
Lane Swim	See Notes	P&H Centre	Click here for more info.
Adult/Senior Swim	10:15am	P&H Centre	Click here for more info.
Young at Heart	11:00am	Hanover Missionary Church	Contact church for more info
Euchre	1:00pm	Grace United	Contact church for more info
Bridge	1:00pm	Senior Friendship Club	Contact SFC for more info
Aquafit	2:30pm	P&H Centre	Click here for more info.
Cards	1:30pm	Holy Family Parish	Contact church for more info
Chess	4:00pm	Hanover Public Library	Contact library for more info
TV Bingo	7:00pm	Wightman TV Ch. 1	Contact Rotary for more info
Darts	7:30pm	Hanover Legion	Contact Legion for more info

HANOVER HAPPENINGS

WEDNESDAYS

PROGRAM	TIME	LOCATION	NOTES
Lane Swim	6:00am & 11:30am	P&H Centre	Click here for more info.
Aquafit	8:15am & 1:30pm	P&H Centre	Click here for more info.
Walk & Talk	8:30am	P&H Centre	Click here for more info
Gentle Fitness	10:30am	P&H Centre	Click here for more info
Cards	1:30pm	Senior Friendship Club	Contact SFC for more info
Adult/Senior Swim	2:30pm	P&H Centre	Click here for more info.
Public Swim	6:30pm	P&H Centre	Click here for more info.

THURSDAYS

PROGRAM	TIME	LOCATION	NOTES
Lane Swim	11:30am	P&H Centre	Click here for more info.
Chair Yoga	9:00am	P&H Centre	Click here for more info
Adult/Senior Swim	10:15am	P&H Centre	Click here for more info.
Standing Yoga	10:30am	P&H Centre	Click here for more info
Shuffleboard	1:00pm	Grace United	Contact church for more info
Mahjong	1:00pm	Hanover Public Library	Contact library for more info
Senior's Social	1:00pm	Hope Community Church	Contact church for more info
Aquafit	2:30pm & 6:15pm	P&H Centre	Click here for more info.
TOPS	6:00pm	Senior Friendship Club	Contact SFC for more info
Cornhole	7:00pm	Hanover Legion	Contact Legion for more info
Solo	7:00pm	St.Matthews Evangelical Lutheran Church	Contact church for more info

HANOVER HAPPENINGS

FRIDAYS

PROGRAM	TIME	LOCATION	NOTES
Lane Swim	6:00am & 11:30am	P&H Centre	Click here for more info.
Aquafit	8:15am	P&H Centre	Click here for more info.
Adult/Senior Swim	10:15am & 2:30pm	P&H Centre	Click here for more info.
POUND Fitness	10:30 & 11:45am	P&H Centre	Click here for more info
Bid Euchre	1:00pm	Senior Friendship Club	Contact SFC for more info
VON- Parkinson's	1:00am	Grace United	Contact church for more info
Catch the Ace	4:45pm	Hanover Legion	Contact Legion for more info

SATURDAYS

PROGRAM	TIME	LOCATION	NOTES
Lane Swim	6:00am	P&H Centre	Click here for more info.
Crafternoon	1:00pm	Hanover Public Library	Contact library for more info 1 st & 3 rd sat of the month
Stich and Sip	1:00pm	Hanover Public Library	Contact library for more info 2 nd & 4 th of the month
Public Swim	1:15pm	P&H Centre	Click here for more info.
Meat Draw	3:00pm	Hanover Legion	Contact Legion for more info 2 nd , 16 th , 30 th

SUNDAYS

PROGRAM	TIME	LOCATION	NOTES
Family Swim	10:45am	P&H Centre	Click here for more info.
Lane Swim	12:00pm	P&H Centre	Click here for more info.
Public Swim	1:15pm	P&H Centre	Click here for more info.
Family Fun Cornhole	2:00pm	Hanover Legion	Contact Legion for more info May 3 rd

HANOVER HAPPENINGS

ON-GOING & SPECIAL EVENTS

Event	TIME	DATE	LOCATION	NOTES
Hanover Community Players “Unnecessary Farce”	See Notes	May 1, 2, 3	Hanover Civic Theatre	Click here to visit the HCP webpage for more info
Hike For Saugeen Hospice	1 - 3PM	May 3	P & H Centre	https://www.hanover.ca/events/hike-saugeen-hospice
The Great Canadian Dueling Pianos	7 - 11PM	May 8	The Carriage House Event Centre	https://www.hanover.ca/events/great-canadian-dueling-pianos-presented-hanover-curling-club
L.A Luncheon	11:30Am-1PM	May 8	Hanover Legion	Contact Legion for more info
Hanging Basket Sale	See website	May 14-18	Canadian Tire	https://hanoverlibrary.ca/mc-events/hanging-basket-sale-2/
Keep The Faith- Bon Jovi	7 - 10PM	May 22	Hanover Civic Centre	https://www.hanover.ca/events/keep-faith-bon-jovi
Karaoke with Stubby D	7PM	May 30	Hanover Legion	Contact Legion for more info
Afternoon Dance	1- 4 PM	May 30	Hanover Legion	Contact Legion for more info
Walk For Alzheimer’s	9 - 11:30AM	May 31	Sulphur Springs Conservation Area	https://www.hanover.ca/events/ig-wealth-management-walk-alzheimers

EARTH DAY 2026



HANGING BASKET SALE

The Hanover Public Library is once again partnering with Canadian Tire Hanover to put on our annual Hanging Basket Sale. We hope to see you there! Supporting the library helps us run all our wonderful programs.



CANADIAN TIRE HANOVER

MAY 14TH-18TH

THURSDAY 8AM-6PM

FRIDAY 8AM-6PM

SATURDAY 8AM-5PM

SUNDAY 10AM-4PM

MONDAY 9AM-4PM



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COMMUNITY CONTACTS

ALZHEIMER SOCIETY GREY BRUCE
519.376.7230
ALZHEIMER.CA/GREYBRUCE/EN

CANADIAN CANCER SOCIETY
1.800.430.6228
WWW.CANCER.CA/EN

CMHA- GREY BRUCE
519.364.4350
WWW.GREYBRUCE.CMHA.CA

FIRST ST. MATTHEW'S LUTHERAN
519.364.4350
FAITHDESBORO@GMAIL.COM

GRACE UNITED CHURCH
519.364.3550
GRACEUC@WIGHTMAN.CA

GREY BRUCE PUBLIC HEALTH UNIT
1.800.263.3456
PUBLICHEALTHGREYBRUCE.ON.CA

GREY BRUCE SINGERS
519.392.8351
WWW.GREYBRUCESINGERS.CA

HANOVER AREA PROBUS CLUB
PRES@HAPC.CA
WWW.HAPC.CA

HANOVER CURLING CLUB
519.378.8617
WWW.HANOVERCURLINGCLUB.COM

HANOVER COMMUNITY PLAYERS
519.506.6902
HANOVERCOMMUNITYPLAYERS.CA

HANOVER HORSESHOE LEAGUE
519.506.4348
HANOVERHORSESHOEFACEBOOK

HANOVER FAMILY HEALTH TEAM
519.506.4348
WWW.HANOVERFHT.CA

HANOVER LAWN BOWLING CLUB
BOB FARROW | PRESIDENT
HANOVERLAWNBOWLING.COM

HANOVER PUBLIC LIBRARY
519.364.1420
WWW.HANOVERLIBRARY.CA

HANOVER ROTARY
HEATHER CURRAN | PRESIDENT
WWW.ROTARYOFHANOVER.CA

HANOVER ROYAL CANADIAN LEGION
519.364.1130
HANOVERLEGION@WIGHTMAN.CA

HERITAGE COMMITTEE
519.364.4810
HANOVER.CA/HISTORY-HERITAGE

HOLY FAMILY CATHOLIC CHURCH
519.364.1973
INFO@HOLYFAMILY.CA

HCSS GREY BRUCE
519.372.2091
WWW.HCSSGREYBRUCE.COM

HOPE COMMUNITY CHURCH
519.364.5668
CONNECT@HOPECC.CA

HOSPITAL AUXILIARY
519.364.2340 X 210
HANOVERHOSPITAL.ON.CA

LION'S CLUB
YOURHANOVERLIONS.CA
INFO@HANOVERLIONS.COM

MENNONITE CHURCH
519.364.4309
HMC@WIGHTMAN.CA

MISSIONARY CHURCH
519.364.1823
OFFICE@HANOVERMISSIONARY.COM

NEW APOSTOLIC CHURCH
519.884.2862
INFO@NACCANADA.ORG

PARKINSON SOCIETY SW ONTARIO
519.652.9437
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PARKS, REC & CULTURE
519.364.2310 X 2121
WWW.HANOVER.CA

PICKLE BALL CLUB
STEVE WESTMAN | 519.881.7612
HANOVERTENNISCLUB@GMAIL.COM

ST. ANDREW'S PRESBYTERIAN
519.364.1620
STANDREWS@WIGHTMAN.CA

ST. MATTHEW'S EVANGELICAL LUTHERAN
519.364.2240
STMATTHEWS@WIGHTMAN.CA

SALVATION ARMY CHURCH
519.364.3450
WWW.SAHANOVER.CA

SAUGEEN FIELD NATURALISTS
519.364.9924
WWW.SAUGEENFIELDNATURALISTS.COM

SAUGEEN MOBILITY (SMART)
519.881.2504
WWW.SAUGEENMOBILITY.CA

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WSBERRY@SYMPATICO.CA

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519.379.8108
WWW.906010.TOASTMAKERSCLUBS.ORG

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SWING BOWLING
519.364.2240
WWW.STMATTHEWSHANOVER.COM

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INFOVICTORYFBC@GMAIL.COM

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WWW.VON.CA/EN