

COVID-19 UPDATE

Message Nine | April 9, 2020

**Don't burst the bubble!**

We have not seen the full effects of COVID-19 yet. For your own protection and that of your friends and family, please continue to follow all recommended precautions.

This weekend is Easter and you will want to celebrate, but now is not the time to have family and friends over for a traditional Easter egg hunt and dinner. I urge you to keep in mind physical distancing and hygiene protocols so that the holiday does not lead to more confirmed cases. Easter can still be an opportunity to connect with the people you love the most – but do it by phoning, video chatting, texting, emailing and social media from the safety of your home!

Do not underestimate the severity of this virus. Even if you are not hearing of confirmed cases, it does not mean that there are no cases, or that there are no exposures waiting to happen. It attacks people of all ages. Optimum protection comes when each person has a two metre protective bubble. Whatever your situation is, stay in your bubble. Please don't step outside of it and don't burst anyone else's bubble!

We're going to be okay. We will get through this as long as we adhere to the messaging of washing our hands, staying at home, self-isolating, practising two metre physical distancing, and not panicking. We will get through this. Stay safe!

**Useful Links:**

**#InThisTogetherHanover**

[hanover.ca](https://www.hanover.ca)

[publichealthgreybruce.on.ca](https://publichealthgreybruce.on.ca)