

Mobility

This Service Dog Emergency Kit Checklist outlines the basic items every person with a service dog should have prepared in advantage to keep their service animal comfortable during the stress of an emergency situation. It is advisable to keep all items in a transportable bag that is easy to access should evacuating the home become necessary. Also, remember to check the kit twice a year to ensure freshness of food, water and medication and to restock any supplies you may have borrowed from the kit. Note: an easy way to remember is to do it when you change the clocks or when you check your smoke alarms bi-annually.



Mobility
Emergency Preparedness



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MOBILITY



*Emergency
Preparedness*

DETAILS

Mobility limitations may make it difficult for a person to use stairs or to move quickly over long distances. These can include reliance on mobility devices such as a wheelchair, scooter, walker, crutches or a walking cane. In addition, people with a heart condition or various respiratory difficulties can experience certain levels of mobility limitations.



Your emergency plan.

- Ask your network to practice moving your special needs equipment
- If you use a wheelchair or scooter, request that an emergency evacuation chair be stored near a stairwell on the same floor on which you work or live so that your network can readily use it to help you safely evacuate the building
- In your instruction list for your network, identify areas of your body that have reduced sensation so these areas can be checked for injuries after an emergency, if you cannot check them yourself
- Check with your local municipal office to find out if emergency evacuation shelters are wheelchair accessible

Do's and Don'ts- Assisting People with Disabilities

- Use latex-free gloves whenever possible when providing personal care; people with spinal cord injuries have a greater risk of infectious disease and gloves help control secondary medical conditions that can easily arise if person care is disrupted during an emergency
- Ensure that the person's wheelchair goes with the person
- Do not push or pull a person's wheelchair without permission

* Your Network is a list of the people that can be called upon to provide assistance

Remember: individuals are best at knowing their own needs and these should be respected.

Additional Items for Your Emergency Survival Kit

- Tire patch set
- Can of seal-in-air product to repair flat tires on your wheelchair or scooter
- Supply of inner tubes
- Pair of heavy gloves to protect your hands while wheeling or making way over glass or other sharp debris
- Latex-free gloves for those providing personal care to you
- Spare deep-cycle battery for motorized wheelchair if feasible
- Spare catheters if applicable
- A lightweight manual wheelchair for backup to a motorized one, if feasible.



Tip: expand your network by getting to know your neighbours