



# HANOVER ACTIVE AGING EXPO

- **12:30pm | Tradeshow Opens** | Showcasing organizations in the area supporting active aging in our community.
- **1:00pm | Linda Crawford | Keynote Speaker | Health & Well-Being**
  - A dynamic speaker with 25+ years experience in health and wellness. Linda exudes confidence & passion for life while delivering heartfelt engaging presentations that inspire change and action.
- **2:00pm | Jenna Wickens | Speaker | Ageism**
  - Certified Professional Consultant on Ageing
- **3:00pm | Live Music from 'He Said She Said'**
  - Live music and light refreshments
- **4:00pm | Tradeshow closes**



Linda Crawford



**Tuesday, March 24<sup>th</sup>, 2026**

12:30pm-4:00pm



**The Carriage House Event Centre |  
Hanover Raceway**  
265 5th St, Hanover, ON N4N 2H5



**FREE ADMISSION**



**Age-Friendly  
Hanover**



**Hanover**  
Ontario, Canada

**Ontario**

