

AGE-FRIENDLY ADVISORY COMMITTEE AGENDA

**Date & Time:** Monday March 16th, 2026 | 10:00 am

**Location:** Council Chambers | 341- 10<sup>th</sup> Street | For virtual attendance please notify [lregier@hanover.ca](mailto:lregier@hanover.ca) within 24 hours of meeting.

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**1. DISCLOSURE OF PECUNIARY INTEREST**

**2. DELEGATION**

**3. ADOPTION OF January 19th, 2026 MINUTES**

**4. ITEMS FOR INFORMATION**

4.1. Memory and Aging | Alzheimer Society Grey-Bruce

**5. COMMITTEE MEMBER UPDATES**

5.1. **COMMITTEE MEMBER WELCOME- Susanne Kunkel**

5.2. **APPOINTMENT- CHAIR-**

**6. ACTIVE AGING EXPO- SCG**

**6.1. ROLES**

6.1.1. Check-In | Clicker for reporting numbers | 2-3

6.1.2. Refreshment stations | 2

6.2. **AGENDA UPDATE**

**7. OTHER BUSINESS**

7.1. Committee member roundtable – ‘eyes and ears’ for age-friendly notes in our community

**8. NEXT MEETING – April 13th, 2026**

**9. ADJOURNMENT**

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AGE-FRIENDLY ADVISORY COMMITTEE MINUTES

**Date & Time:** January 19, 2026 | 10:00 am

**Location:** Council Chambers and Zoom

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**MEMBERS PRESENT**      Loretta Dunn | Cassondra Dillman | Kaela Sales | Karen Otterbein | Laura-Lee Ribey | Dave Hocking | Sandra Hong | Pat Butler

**OTHERS PRESENT**      Brandon Dobson | Lyndsay Regier

**REGRETS**                  Harold Fleet

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**1. DISCLOSURE OF PECUNIARY INTEREST – Nil.**

**2. DELEGATION – Nil.**

**3. ADOPTION OF THE NOVEMBER 17, 2025 MINUTES**

**Moved by L. Ribey | Seconded by L. Dunn**

THAT the minutes of November 17, 2025 meeting be approved as circulated.

**CARRIED.**

**4. ITEMS FOR INFORMATION – Nil.**

**5. COMMITTEE MEMBER UPDATES**

5.1. Committee member appointment – Susanne Kunkel

5.2. Resignation – Pamula Matheson

**MOVED by P. Butler | Seconded by L. Ribey**

THAT Age-Friendly Committee members accept the resignation from Pamela Matheson from the Age-Friendly Committee. **CARRIED.**

5.3. Appointment of Chair – Deferred.

**6. Age-Friendly Community Recognition by the Ontario Government – Mayor Paterson will be accepting an award at the 2026 ROMA conference for Town of Hanover excelling as an Age Friendly Community.**

**7. Active Aging Expo – Seniors Community Grant**

7.1. Venue Update – A floor plan of the Carriage House at the new Raceway/Agricultural building was provided to committee members.

7.2. Speaker Update – An update was provided to committee members on what the main speaker has planned for the Active Aging Expo.

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7.3. Agenda – An updated flyer with the agenda for the Age Friendly Expo was provided to committee members. This flyer will be shared with the public shortly.

7.4. Vendor List – An initial round of 30 invitations has been issued to prospective vendors. Once the response deadline for this round has passed, B. Dobson will extend additional invitations to other organizations and businesses, as availability allows.

**8. SALC 2026/2027** – Submission for the Senior's Active Living Community (SALC) Grant will be submitted at the beginning of February.

## **9. Other Business**

9.1. The Hanover Hospital has finished installing their wayfinding signs and the front desk has moved back to the front entrance.

9.2. The Alzheimer Society is hosting the SOUP's ON event on Saturday, January 24 from 11:00am to 2:00pm at the Bayshore Community Centre. Tickets are \$25.00 and can be purchased in advance at: [alzheimer.ca/greybruce/en/whats-happening/soups-on-2026](https://alzheimer.ca/greybruce/en/whats-happening/soups-on-2026).

9.3. Committee member shared a virtual event happening January 20<sup>th</sup> for 2025 Ageing in Canada Survey Results. To attend go to: [eventbrite.ca/e/virtual-launch-the-2025-ageing-in-canada-survey-tickets-1977348170607/](https://eventbrite.ca/e/virtual-launch-the-2025-ageing-in-canada-survey-tickets-1977348170607/).

9.4. Committee member shared that the County of Grey has also been recognized as an Age Friendly Community at the ROMA conference.

9.5. Committee member shared a survey regarding regional transit. Survey is due January 25, 2026. Link to survey: [grey.ca/resident-services/regional-transit](https://grey.ca/resident-services/regional-transit).

9.6. Library continues to have their Stitch N Sip on Saturday January 24<sup>th</sup> at 1:00pm. Crafternoon is the first and third Saturday of the month at 1:00pm. Come and work on a craft and get inspiration for your next project.

9.7. The Outdoor Rink is now open at the Kinsmen Ball Park. Rules and hours of operation are posted on the Pavilion at the rink.

9.8. With the upcoming SALC grant will be submitting for a monthly newsletter similar to the Senior Star but a digital version.

9.9. Family Day events will occur on Monday, February 16<sup>th</sup> at the P & H Centre. Flyer is available at the P & H Centre and on the town website.

**10. NEXT MEETING** – Monday February 23, 2026 | 10:00am

## **11. ADJOURNMENT**

**Moved by L. Dunn | Seconded by L. Ribey**  
THAT the meeting be adjourned at 11:05am.

# Memory And Aging Program

## An Education and Workshop series

**The Memory and Aging Program** consists of five weekly two-hour sessions, and addresses questions such as:

- What kinds of memory changes should I expect, as I grow older?
- Which changes are normal and which ones are not?
- If I forget, is something wrong with my brain?
- Can I improve my memory?

The **Memory and Aging Program** is aimed at people of retirement age or older who are interested in learning about memory changes that normally occur with age, and strategies to improve their everyday memory performance. Developed through the Baycrest Health Science Centre.

When: Tuesday, March 24, 31, April 7, 14 Time: **10:00 am - 12:00 VIRTUALLY**

How: Register in advance for this series by calling: **Alzheimer Society Grey-Bruce 519 376 7230 or 1 800 265 9013**  
OR BY CLICKING HERE <https://bit.ly/4ayQvT2>

**\$20.00 to cover cost of workbook**

Facilitator: Sandra Hong, Public Education Coordinator, Alzheimer Society of Grey-Bruce