

COVID-19: PRACTISING PHYSICAL DISTANCING

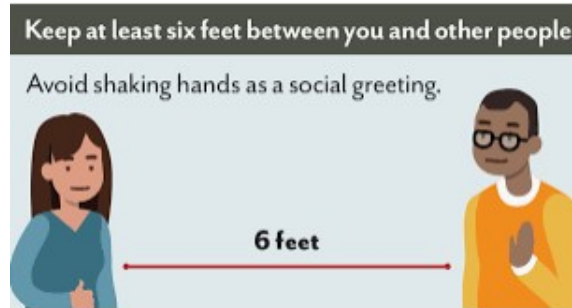
Social distancing: Keeping 6 feet of space between you and others outside of your home helps keep healthy people away from sick people and slows/prevents the spread of disease

PHYSICAL DISTANCING

- Stay at least 6' from others
- Do not gather in groups
- Stay out of crowded places and avoid mass gatherings

BREAKS & LUNCH

- Clean microwaves / appliances after each use
- Stay separated while sitting in break / team room areas
- Limit 1 person to a 4-person table



MEETINGS

The goal is to limit or avoid face-to-face meetings. Minimize meeting time to avoid personal contact. Use online meetings whenever possible.

STOP THE SPREAD

Follow these Public Health Guidelines:

- Avoid close contact with people who are sick
- If conducting in-person group meetings, maintain 6 feet of separation. In person meetings should be avoided as much as possible
- Stay home when you are feeling ill or showing symptoms of COVID-19, except to receive medical care
- Cover your mouth when talking to others