Winter Schedule | January 8 to March 10, 2024

*Pool hours are subject to change (ie. weather, event bookings, pool fouling, staff availability, etc.). Lockers are .25 cents or .50 cents depending on the size of the locker.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim Lap pool and Sauna ONLY Swim a loop in a slow, medium or fast lane.						
6:00 - 8:00am 11:30 - 1:00pm	11:30 - 1:00pm 8:30 - 9:15pm (See notes below)	6:00 - 8:00am 11:30 - 1:00pm 8:30 - 9:30pm	11:30 - 1:00pm	6:00 - 8:00am 11:30 - 1:00pm	6:00 - 7:00am	11:45 - 12:45pm
Aquafit 45 minute classes.						
8:15 - 9:15am	2:30 - 3:30pm	8:15 - 9:15am 1:30 - 2:30pm (Gentle Fit)	2:30 - 3:30pm 8:35 - 9:30pm (3 lanes)	8:15 - 9:15am		9:15 - 10:15am
Adult N' Tot Wading pool play time for children 6 years and under with an adult. *No more than 2 children per adult. Swim diapers are available at the customer service desk for \$2.50 each.						
9:15 - 10:15am	9:15 - 10:15am 5:45 - 6:45pm	9:15 - 10:15am	9:15 - 10:15am	9:15 - 10:15am		
Public Swim (1 hour) Entire Pool						
		6:30 - 7:30pm			1:00 - 2:00pm	1:00 - 2:00pm
Adult/Senior Main pool and swirl-pool *One lane available for leisure swim only*						
10:15 - 11:15am 2:30 - 3:30pm	10:15 - 11:15am	10:15 - 11:15am 2:30 - 3:30pm	10:15 - 11:15am	10:15 - 11:15am 2:30 - 3:30pm		
Family Swim (1 hour) Entire Pool Children under 18 must be accompanied into the pool by an adult.						
						10:30 - 11:30am

Program Notes and Changes

January 1 | Pool Closed January 9, 16, 23 & February 6 | Cancelled Lane Swim 8:30 - 9:15pm February 11 & 18 | Cancelled Aquafit 9:15 - 10:15am February 19 | Family Day | Hours to be confirmed March 1 | Pool closed 9:00am - 3:00pm March 2 | Cancelled Public Swim 1:00 - 2:00pm

