

Bronze Star | Basic First Aid | CPR-A

Bronze Star is the pre-bronze medallion training standard and excellent preparation for success in Bronze Medallion. Participants work on endurance, problem solving, decision making skills and develop water smart confidence. They learn CPR and the lifesaving skills needed to be their own personal lifeguard.

Prerequisite: Able to swim 100m, recommended 12 years of age. This award is a definite asset for those who have not reached the minimum age for Bronze Medallion. 100% Attendance is mandatory.

Dates Monday, July 22 to Friday, July 26 | 4:30 - 6:30pm

Where P & H Centre | Pool

Cost \$153.00 | Code: 9113

Bronze Medallion | Emergency First Aid | CPR-B

This course develops physical fitness, decision making and judgment skills for water rescue. Emergency First Aid knowledge skills are also covered. (Includes required manual)

Prerequisite: 13 years of age (prior to exam) or Bronze Star award. 100% Attendance is mandatory.

Dates Tuesday, August 6 | 8:00am - 3:00pm
Wednesday, August 7 | 12:30 - 7:30pm
Thursday, August 8 | 8:00am - 3:00pm
Friday, August 9 | 12:30 - 7:30pm

Where P & H Centre | Pool & Classroom

Cost \$369.46 | Code: 9114

