






# Facility Swim Test

## Pool Admission Standard is a Provincial Law That Pools Must Follow.

The recreational swim admission standard is applied to all recreational swims. Aquatic staff may ask a participant for a demonstration of their swimming ability if they feel there is a concern for personal safety.

To successfully pass the facility swim test, individuals must:

- Swim on their front for one width of the pool successfully with their face in the water.
- Use a recognizable stroke.
- Swimmers must maintain a regular, comfortable breathing pattern and must not stop during the entire distance.

<p><b>Ages 0-7</b></p>	<p><b>STOP</b></p> <ul style="list-style-type: none"> <li>• Children must be within arms reach of a guardian (14 yrs+) at all times, regardless of swimming ability.</li> <li>• Children age 7 and under may not be admitted to the swimming pool unless they are accompanied by a parent or guardian (14 yrs+).</li> <li>• One guardian is required for every two children (1:2).</li> </ul>	<p>Age 14+      Age 7 &amp; Under</p> <p>Within arms reach in water.</p>  <p>Red Band</p>
<p><b>Ages 8-9</b></p>	<p><b>CAUTION</b></p> <ul style="list-style-type: none"> <li>• Children ages 8 and 9 who successfully complete the facility swim test may swim independently of their guardian (14 yrs+).</li> </ul>	<p>Age 8 &amp; 9 complete swim test.</p>  <p>Green Band</p>
	<ul style="list-style-type: none"> <li>• Children ages 8 and 9 who cannot successfully complete the facility swim test must stay within arms reach of their guardian (14 yrs+).</li> <li>• One guardian is required for every two children (1:2).</li> </ul>	<p>Age 14+      Age 8 &amp; 9</p> <p>Within arms reach in water.</p>  <p>Red Band</p>
	<ul style="list-style-type: none"> <li>• One guardian may supervise up to five children ages 8 &amp; 9 wearing lifejackets (1:5).</li> </ul>	<p>Age 14+      Age 8 &amp; 9</p> <p>Within arms reach in water.</p>  <p>Red Band</p>
<p><b>Ages 10+</b></p>	<p><b>GO</b></p> <ul style="list-style-type: none"> <li>• Children age 10 and older may enter the pool area independent of their guardian. Swimming with a buddy is strongly recommended.</li> </ul>	<p>Age 10+</p> 

Public Pools Regulation, Under the Health Protection and Promotion Act Reg. 565.s.17.21.  
Lifesaving Society's Guide to Ontario Public Pools Regulations, Section 17.

## Help Reduce Pool Closures

A pool fouling will cause a closure of our pools anywhere from 1-24 hours. Here are some healthy habits you can take to stop the spread of germs and reduce the number of closures in our pools:

- Take your kids on bathroom breaks or check diapers often.
- The use of a swim diaper is mandatory to enter the pool if a child is not yet fully toilet trained.
- Do not swim if you are feeling sick or have been sick in the past 24 hours. This is especially important for children in diapers.
- Wash your body thoroughly with soap and water before swimming.

**Thank you for your assistance in keeping our pool clean for all to enjoy!**