

Hanover Parks, Recreation & Culture 269 7th Avenue Hanover, ON N4N 2H5 519.364.2310 | hanover.ca



Parks, Recreation & Culture

Stay up to Date

For up to date information, news and events visit our website and social media platforms! Our social media is updated regularly with current happenings. Everything found in this Community Guide and more is available on our website **hanover.ca.**

Services

ONLINE REGISTRATION - FAST, EASY, SECURE!

Register online at hanover.ca, by phone or stop by our customer service desk for any recreation programs.

REGISTRATION OPENS:

November 28, 2024 for Hanover Residents December 5, 2024 for Non-Residents

Fee Assistance

Everyone should have the opportunity to participate in recreation programs!

Grey County Residents — Grey National Child Benefit (NCB) Reinvestment Program 519.376.0484 x 227.

Bruce County Residents — Bruce County Social Services 519.881.0431 or 1.800.265.3005.

Hanover has a subsidy program available to assist Hanover residents to take part in Parks, Recreation & Culture Department programs or services. Please contact 519.364.2310 for further information.

Refunds & Credits

A refund or credit will be granted and calculated as follows:

- Program cancellation by Department full registration fee
- Participant(s) cancels 7 days or more prior to program start date - registration fee less \$20.00 administration fee.
- Last minute cancellations (less than 7 days prior to program start date) - registration fee less \$20.00 will be granted as a credit on account (Note: Program status is decided 7 days prior to program start date. Your withdrawal may put the class below its minimum number to operate).

Prior to or during the program due to:

- Medical Reasons value of remaining classes less applicable administration fee, provided no more than 75% of session has passed.
- Program Dissatisfaction value of remaining classes less applicable administration fee, provided no more than 50% of the session has passed.

Department Contacts

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Facility Hours

January 2 to March 30, 2025

Monday to Saturday | 6:00am - 11:00pm Sunday | 7:00am - 11:00pm * Facility hours are subject to change in accordance with facility bookings.

Facility Closed

January 1 | New Years Day February 17 | Family Day (Open from 11:00 - 2:30pm for Family Day Activities)

Admission Fees *All prices include HST

Туре	1 Visit	10 Visit Pass	20 Visit Pass	6 Month Membership	1 Year Membership
Preschool (Under 4 years)	\$4.25	\$36.15	\$68.00	\$120.00	\$194.13
Student (5 -17 years)	\$5.25	\$44.65	\$84.00	\$185.21	\$294.87
Senior (65+ years)	\$5.75	\$48.90	\$92.00	\$185.21	\$294.87
Adult (18 years and older)	\$6.50	\$55.25	\$104.00	\$229.73	\$385.22
Aquafit	\$7.75	\$69.75	\$139.50	\$229.73	\$385.22
Family (same household, max 5. Single visit only for Public/Family swim)	\$13.25	\$112.65	\$212.00	\$397.20	\$646.07
Additional Family Members	\$3.50/ per additional family member				
Public & Family Swim (1 hour)	\$3.00/per swimmer				

6 Month Pass Includes: Admission to any Lane, Aquafit, Public, Family & Adult & Tot swim program listed above - valid 6 months from date of purchase.

Year Membership Includes: Admission to any Lane, Aquafit, Public, Family & Adult & Tot swim program listed above plus shinny, adult & tot skate and adult/senior skate. 10% off Hanover Parks, Recreation & Culture program registration fees - valid 1 year from date of purchase.

Healthy Swimming Etiquette



Photographic Devices

The use of any device that is capable of rendering a photographic image is prohibited in the showers, change rooms, washrooms, observation area and pool area (Includes GoPros). *Photo wall available on pool deck to take pictures.



Wear Appropriate Footwear

Bring clean flip flops or sandals to wear on the pool deck. Street shoes are not permitted.



Food-Free Zone

Only water is permitted on the pool deck in a plastic container.



Shower Before You Swim

Please have a thorough shower with soap and warm water before entering or re-entering the pool deck. Beauty products, body oils and bacteria are damaging to our water and air quality. For your health and others, please do your part and shower.



Facility Swim Test

Pool Admission Standard is a Provincial Law That Pools Must Follow.

The recreational swim admission standard is applied to all recreational swims. Aquatic staff may ask a participant for a demonstration of their swimming ability if they feel there is a concern for personal safety.

To successfully pass the facility swim test, individuals must:

- Swim on their front for one width of the pool successfully with their face in the water.
- Use a recognizable stroke.
- Swimmers must maintain a regular, comfortable breathing pattern and must not stop during the entire distance.

Ages 0-7	 STOP Children must be within arms reach of a guardian (14 yrs+) at all times, regardless of swimming ability. Children age 7 and under may not be admitted to the swimming pool unless they are accompanied by a parent or guardian (14 yrs+). One guardian is required for every two children (1:2). 	Age 14+ Age 7 & Under Within arms reach in water. Age 7 & Under
Ages 8-9	 CAUTION Children ages 8 and 9 who successfully complete the facility swim test may swim independently of their guardian (14 yrs+). 	Age 8 & 9 complete swim test. Green Band
	 Children ages 8 and 9 who cannot successfully complete the facility swim test must stay within arms reach of their guardian (14 yrs+). One guardian is required for every two children (1:2). 	Age 14+ Within arms reach in water. Age 8 & 9 Red Band
	One guardian may supervise up to five children ages 8 & 9 wearing lifejackets (1:5).	Age 14+ Within arms reach in water. Red Band
Ages 10+	 Children age 10 and older may enter the pool area independent of their guardian. Swimming with a buddy is strongly recommended. 	Age 10+

Public Pools Regulation, Under the Health Protection and Promotion Act Reg. 565.s.17.21. Lifesaving Society's Guide to Ontario Public Pools Regulations, Section 17.

Help Reduce Pool Closures

A pool fouling will cause a closure of our pools anywhere from 1-24 hours. Here are some healthy habits you can take to stop the spread of germs and reduce the number of closures in our pools:

- Take your kids on bathroom breaks or check diapers often.
- · The use of a swim diaper is mandatory to enter the pool if a child is not yet fully toilet trained.
- Do not swim if you are feeling sick or have been sick in the past 24 hours. This is especially important for children in diapers.
- Wash your body thoroughly with soap and water before swimming.

Thank you for your assistance in keeping our pool clean for all to enjoy!

Winter Aquatics Schedule

Winter Schedule | January 6 to March 9, 2025

*Pool hours are subject to change (ie. weather, event bookings, pool fouling, staff availability, etc.). Lockers are .25 cents or .50 cents depending on the size of the locker.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim Lap po	ool and Sauna ONLY	Swim a loop in a slo	w, medium or fast lar	ne.		
6:00 - 8:00am 11:30 - 1:00pm	11:30 - 1:00pm 8:30 - 9:15pm (3 lanes)	6:00 - 8:00am 11:30 - 1:00pm	11:30 - 1:00pm	6:00 - 8:00am 11:30 - 1:00pm	6:00 - 7:00am	11:45 - 12:45pm
Aquafit 45 minute	Instructor led classe	s with 10-15 minutes	at the end for indepe	endent cool down.		'
8:15 - 9:15am 5:15 - 6:15pm	2:30 - 3:30pm	8:15 - 9:15am 1:30 - 2:30pm (Gentle Fit)	2:30 - 3:30pm 8:35 - 9:30pm	8:15 - 9:15am		
	ng pool play time for ildren per adult. Swin	•		rvice desk for \$2.50	each.	
9:15 - 10:15am	9:15 - 10:15am 5:45 - 6:45pm	9:15 - 10:15am	9:15 - 10:15am	9:15 - 10:15am		
Public Swim (1 ho	ur) Entire Pool	'				
		6:30 - 7:30pm			1:00 - 2:00pm	1:00 - 2:00pm
Adult/Senior Main	n pool and swirl-pool	*One lane available	for leisure swim only	•		
10:15 - 11:15am 2:30 - 3:30pm	10:15 - 11:15am	10:15 - 11:15am 2:30 - 3:30pm	10:15 - 11:15am	10:15 - 11:15am 2:30 - 3:30pm		
Family Swim (1 ho	ur) Entire Pool Chi	ldren under 18 must l	pe accompanied into	the pool by an adult.		
						10:30 - 11:30am

Aquatics Notes and Changes

January 1 | Pool Closed | New Years Day.

January 18 | Public Swim 1:00 - 2:00pm cancelled for Special Event.

February 17 | Family Day | Regular programs cancelled. Public Swim to be confirmed.

March 4 & 5 | Daytime programs between 9:30am to 4:00pm cancelled.





Lesson Expectations

Lesson Expectations

Instructors & Assistant Instructors

All classes will be taught by a certified Lifesaving Society Swim Instructor. Our Instructors have spent over 200 hours taking courses and volunteering in Aquatic Instructional Programs to prepare them to teach your children.

First Lesson

In our effort to ensure that your child receives the best possible instruction, we ask that you review the 1st lesson information sheet emailed to you. As well, we ask that you bring your child's most recent report card to the first lesson. This will help your swim instructor tailor their classes to effectively meet the needs of each child.

Progress Evaluation

All participants in swimming lessons are evaluated on an ongoing basis throughout the session. Participants who complete all of the required skills will complete the level.

Swimming Attire

- · All patrons must wear appropriate swimming attire suitable for a public family environment.
- Swimming attire is defined as clothing that is clean and used specifically for the purpose of swimming.

Did You Miss a Lesson?

Swimming lessons may be cancelled due to unforeseen circumstances. **Make up lessons are not available due to participant absence.**

Swim Lessons Prescreening

What level should you register in?

If you are unsure on what level to sign your child up for, it is highly recommended to schedule a prescreen time to have your child's swimming ability assessed. Staff members will evaluate your child's swimming abilities and recommend the appropriate level.

Call 519.364.2310 x 2121 to arrange a time.

Appropriate Levels

Your child's instructor may recommend a change in level if they feel your child is not registered in an appropriate level. Staff reserve the right to move a child if circumstances dictate.

Stroke Correction

Struggling with a specific swimming stroke? Join us and work on a variety of drill-type exercises to improve your strokes. *Swimmer 4 & up. Must be currently enrolled in swim lessons.

Dates	January 22 to March 1
When	Wednesdays 5:45 - 6:15pm Saturdays 12:00 - 12:30pm
Cost	\$3.00 per visit



Aquatic Lesson Descriptions

Parent & Tot Lessons

PARENT & TOT 1 | 4 to 12 mths

1 Parent/guardian is required in the water with their child. With a caregiver, the child will explore the water through buoyancy, movement skills, introduction to PFD's and entries. Learn how to help your child play in the water with comfort and confidence.

PARENT & TOT 2 | 12 to 24 mths

1 Parent/guardian is required in the water with their child. With a caregiver, the child will perform assisted front and back floats, learn how to travel at the surface by kicking, and be introduced to entries with a PFD. This level teaches children to get their face wet and blow bubbles.

PARENT & TOT 3 | 2 to 3 yrs

1 Parent/guardian is required in the water with their child. With a caregiver the child will have fun jumping into the water with assistance. They learn to hold their breath and open their eyes under water. Kicking on front and back provide the building blocks for orientation and stroke development.

Preschool Lessons

PRESCHOOL A1 | 3 to 5 yrs

1 Parent/guardian to accompany child into the water for the first 4 lessons. Preschoolers develop a foundation of water skills with the instructors. Swimmers jump into chest-deep water assisted. Floating on front and back, and glides with assistance for 3 seconds. Shallow water movement wearing a PFD. Fitness swim 1-2m assisted.

PRESCHOOL A2 | 3 to 5 yrs

Preschoolers develop a foundation of water skills with the instructors. Swimmers jump into chest-deep water assisted. Floating on front and back, and glides with assistance for 3 seconds. Shallow water movement wearing a PFD. Fitness swim 1-2m unassisted.

PRESCHOOL B | 3 to 5 yrs

Preschoolers jump into chest-deep water and get in and get out wearing a PFD. They submerge and exhale under water. They glide on front and back 3m and with a buoyant aid, will flutter kick on back 5m. Fitness swim 2-4m unassisted.

PRESCHOOL C | 3 to 5 yrs

Preschoolers try both a jump and a side roll into deep water while wearing a PFD. They recover objects from the bottom in waist-deep water. They work on kicking and gliding through the water on front and back unassisted. Fitness swim 5-7m unassisted.

PRESCHOOL D | 3 to 5 yrs

Preschoolers learn independent jumps into deep water and exit. They open their eyes under water and recover objects from chest-deep water. Front crawl and unassisted front crawl are introduced at this level. Fitness swim is 7-9m unassisted.

PRESCHOOL E | 3 to 5 yrs

Preschoolers build on deep water skills by demonstrating a forward roll entry with a PFD. They develop endurance by holding their breath under water for up to 15 sec. Interval training and whip kick is introduced at this level. Fitness swim 10-12m.

School Age Lessons

BEGINNER 1 | 6 to 8 yrs

This is an introductory class for children aged 6 to 8 with little or no experience in the water. Participants will learn head and face submersion, front/back and side swim (assisted). The swim instructor works to ensure that the participants become comfortable in the water and have fun developing a basic foundation of water skills.

SWIMMER 1 | 6 yrs +

Swimmers become comfortable jumping into water with and without a PFD. They open their eyes, exhale and hold their breath underwater. They work on floats, glides and kicking on front and back. Fitness swim is 5-7m unassisted.

Aquatic Lesson Descriptions

School Age Lessons

SWIMMER 2 | 6 yrs +

Swimmers jump into deeper water, and become comfortable entering the water sideways wearing a PFD. Swimmers support themselves at the surface without an aid, recover an object in chest-deep water. Fitness swim is 10-15m.

SWIMMER 3 | 6 yrs +

Swimmers develop front and back crawl strokes, and explore whip kick in a vertical position. Swimmers tread water for up to 30 sec and learn to transition from front to back flutter kick. Fitness swim is 20-25m.

SWIMMER 4 | 6 yrs +

Swimmers work towards stride dives and standing dives into deep water. They improve front crawl, back crawl, whip kick strength and technique. Swimmers are introduced to a 3m underwater swim. Fitness swim is 50m (2 lengths of the pool).

SWIMMER 5 | 6 yrs +

Swimmers shallow dive into deep water and perform in-water back somersaults. They achieve the Canadian Swim to Survive Standard: roll into deep water, tread 1 min and swim 50m. Swimmers continue to develop front and back crawl while breaststroke skills are introduced. Fitness swim is 100m.

SWIMMER 6 | 6 yrs +

Swimmers increase efficiency in front crawl, back crawl, and work to develop breaststroke skills. They are introduced to stride entries, scissor kick and vertical dolphin kick. They also develop strength and power by performing front and back crawl sprints. Fitness swim is 150m.

SWIMMER 7 | 6 yrs +

Swimmers master dolphin kick, diving off of blocks and eggbeater. They are introduced to sculling and continue to maximize efficiency in front crawl, back crawl and breaststroke. Fitness swim is 300m.

SWIMMER 8 | 8 yrs +

Swimmers rise to the challenge of advanced aquatic skills including head and foot first surface dives and a 25m obstacle swim. First aid skills begin to be incorporated in this level. Assessment of conscious victims, contacting EMS and treatment for bleeding will be covered. They swim lengths of front crawl, back crawl and breaststroke. Fitness swim is 350m.

SWIMMER 9 | 8 yrs +

Swimmers continue stroke development with 75m swims of front crawl, back crawl and breast stroke. Lifesaving skills include a rescue with a buoyant aid and a timed object support. First aid skills include assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Fitness swim is 500m.

SWIMMER 10 | 8 vrs +

Swimmers develop each stroke over 100m. They also learn lifesaving skills such as entries with aids, and removals of unconscious victims. First aid focuses on treatment of victims with bone and joint injuries, and the first aid component focuses on respiratory emergencies. Swimming drills develop a strong lifesaving foundation. Fitness swim is 600m.

- *Family Rate | 3rd child (or more) half price. Applies to lesson of least cost. (Includes Parent & Tot 1 to Swimmer 10)
- * If your child is 11 or 12 years of age or older, Bronze Star is recommended instead of Swimmer 10 pending abilities.

Class full? Join a waitlist.

If you are trying to register for a class that is currently full, please join the waitlist for the level closest to the day and time you prefer. Waitlists assist staff when evaluating demand for future planning. Waitlists are addressed one to two weeks prior to the start of the session and monitored during the first week for last minute cancellations. Staff will contact waitlisted participants if a spot becomes available, or if it is possible, to create an additional class.

Aquatic Lessons

REGISTRATION:

November 28, 2024 for Hanover Residents

December 5, 2024 for Non-Residents

Program	Cost	Tuesdays Jan 14 - Mar 4	Code	Wednesdays Jan 15 - Mar 5	Code	Thursdays Jan 16 - Mar 6	Code	Saturdays Jan 11 - Mar 8	Code
		(Cancelle	d Lessons: Satur	day, Jan	uary 18.			
Parent & Tot 1 4 - 12 months	\$78.10	4:00 - 4:30pm	9266	4:00 - 4:30pm	9267	4:15 - 4:45pm	9268	9:15 - 9:45am 11:30 - 12:00pm	9269 9270
Parent & Tot 2 12 - 24 months	\$78.10	4:00 - 4:30pm 4:45 - 5:15pm	9271 9272	4:00 - 4:30pm 4:30 - 5:00pm	9273 9274	4:15 - 4:45pm 4:45 - 5:15pm	9275 9276	9:15 - 9:45am 9:45 - 10:15am 11:30 - 12:00pm 12:00 - 12:30pm	9277 9278 9279 9280
Parent & Tot 3 2 - 3 years	\$78.10	4:45 - 5:15pm	9281	4:30 - 5:00pm	9282	4:45 - 5:15pm	9283	9:45 - 10:15am 12:00 - 12:30pm	9284 9285
Preschool A1 3 - 5 years	\$85.30	5:00 - 5:30pm	9286	4:00 - 4:30pm 4:30 - 5:00pm 5:00 - 5:30pm	9287 9288 9289	5:15 - 5:45pm	9290	9:15 - 9:45am 11:30 - 12:00pm	9291 9292
Preschool A2 3 - 5 years	\$85.30	4:30 - 5:00pm	9293			5:45 - 6:15pm	9294	11:00 - 11:30am 12:00 - 12:30pm	9295 9296
Preschool B 3 - 5 years	\$85.30			5:30 - 6:00pm	9297	5:15 - 5:45pm	9298	10:15 - 10:45am	9299
Preschool C 3 - 5 years	\$85.30			5:00 - 5:30pm	9300	4:45 - 5:15pm	9301		
Preschool D 3 - 5 years	\$85.30			4:00 - 4:30pm	9302	5:45 - 6:15pm	9303	11:00 - 11:30am	9304
Preschool E 3 - 5 years	\$85.30			4:00 - 4:30pm	9305	5:45 - 6:15pm	9306	11:00 - 11:30am	9307
Beginner 1 6 - 8 years	\$85.30					4:15 - 4:45pm	9308	10:15 - 10:45am 12:00 - 12:30pm	9309 9310
Swimmer 1 6+ years	\$85.30	5:00 - 5:30pm	9311	4:30 - 5:00pm	9312	4:45 - 5:15pm	9313	10:45 - 11:15am	9314
Swimmer 2 6+ years	\$85.30	4:30 - 5:00pm	9315	5:30 - 6:00pm	9316	4:15 - 4:45pm	9317	9:45 - 10:15am	9318
Swimmer 3 6+ years	\$85.30	4:00 - 4:30pm	9319	4:30 - 5:00pm	9320			11:30 - 12:00pm	9321
Swimmer 4 6+ years	\$85.30	4:30 - 5:00pm	9322	5:30 - 6:00pm	9323	5:45 - 6:15pm	9324	10:45 - 11:15am	9325
Swimmer 5 6+ years	\$85.30	4:00 - 4:30pm	9326					9:15 - 9:45am	9327
Swimmer 6 6+ years	\$85.30	5:00 - 5:30pm	9328			5:15 - 5:45pm	9329	10:15 - 10:45am	9330
Swimmer 7 6+ years	\$87.60	4:00 - 4:45pm	9331	5:00 - 5:45pm	9332			11:00 - 11:45am	9333
Swimmer 8 8+ years	\$87.60	4:00 - 4:45pm	9334	5:00 - 5:45pm	9335			11:00 - 11:45am	9336
Swimmer 9 8+ years	\$87.60							11:45 - 12:30pm	9337
Swimmer 10 8+ years	\$87.60							11:45 - 12:30pm	9338 9

Low Ratio Aquatic Lessons

Low Ratio Swim Lessons

Low ratio swim lessons offer swimmers the advantage of having fewer participants per class, allowing for more personalized attention from the instructor to focus on individual swimming skills. These classes may be beneficial for participants who thrive in a smaller class size as low ratio lessons accommodate 3 participants per instructor compared to the typical 1:6 ratio. Need 3 participants to run the class.

Program	Cost	Tuesdays Jan 14 - Mar 4	Code	Wednesdays Jan 15 - Mar 5	Code	Thursdays Jan 16 - Mar 6	Code	Saturdays Jan 11 - Mar 8	Code
		С	ancelled	Lessons: Saturd	ay, Janu	ary 18.			
Preschool A2 3 - 5 years	\$140.00							9:45 - 10:15am	9339
Preschool B 3 - 5 years	\$140.00			4:00 - 4:30pm	9340				
Preschool C 3 - 5 years	\$140.00					5:15 - 5:45pm	9341	9:15 - 9:45am	9342
Beginner 1 6 - 8 years	\$140.00			5:30 - 6:00pm	9343				
Swimmer 1 6+ years	\$140.00					5:45 - 6:15pm	9344	9:15 - 9:45am	9345
Swimmer 2 6+ years	\$140.00							10:15 - 10:45am 11:30 - 12:00pm	9346 9347
Swimmer 3 6+ years	\$140.00			5:30 - 6:00pm	9348	4:15 - 4:45pm	9349	10:15 - 10:45am	9350
Swimmer 4 6+ years	\$140.00			5:00 - 5:30pm	9351	4:45 - 5:15pm	9352	9:45 - 10:15am	9353
Swimmer 5 6+ years	\$140.00			4:00 - 4:30pm	9354	5:45 - 6:15pm	9355		



Private Aquatic Lessons & Adult Lessons

Private & Semi-Private Lessons

Private and semi-private lessons are available for swimmers who need assistance mastering a particular skill/stroke or needs more one-on-one teaching. A few lessons with private instructor will often prepare the individual to continue with group lessons. All lessons are 30 minutes in length. Minimum age 4 years old. To arrange private or semi-private lessons call the P & H Centre at 519.364.2310. *Below cost is per person.

Private and semi-private participants will be required to follow the same lesson expectations outlined on page 6. Make up lessons are not available due to participant absence.

REGISTRATION OPENS:

November 28, 2024 for Hanover Residents December 5, 2024 for Non-Residents

	Per Lesson	4 Lessons	8 Lessons
Private	\$47.10	\$141.30	\$282.60
Semi-Private	\$39.20	\$117.60	\$235.20

	Tuesdays	Wednesdays	Thursdays	Saturdays
	Jan 14 - Mar 4	Jan 15 - Mar 5	Jan 16 - Mar 6	Jan 11 - Mar 8
	Cancelled	d Lessons: Saturday	, January 18.	
Private Semi-Private	4:00 - 4:30pm 4:30 - 5:00pm 5:00 - 5:30pm	4:00 - 4:30pm 4:30 - 5:00pm 5:00 - 5:30pm	4:15 - 4:45pm 4:45 - 5:15pm 5:15 - 5:45pm	9:15 - 9:45am 9:45 - 10:15am 10:15 - 10:45am 10:45 - 11:15am

Adult Lessons

Now is a great time to learn how to swim for fun, fitness, to strengthen your strokes and boost your confidence. This program offers swimming skills/water safety instruction for adults and seniors. Lessons will be designed to meet the needs of the individual in a supportive environment. For more information contact 519.364.2310 x 0.

Adult Less	Adult Lessons Learn to Swim		
Dates	January 11 to March 8 Cancelled January 18		
When	Saturdays 11:30 - 12:00pm		
Cost	\$96.36 Code 9378		

Adult Lessons Stroke & Skills		
Dates	January 11 to March 8 Cancelled January 18	
When	Saturdays 12:00 - 12:30pm	
Cost	\$96.36 Code 9356	



Want to become a Lifeguard and Swim Instructor?

Bronze Star

Recommended 12+ years

Bronze Medallion

Must be 13 years or have Bronze Star

Bronze Cross

Must have Medallion/Emergency First Aid

Pool Attendant

Must be 14 years and have Standard First Aid

Assistant Instructor

Must be 14 years and have Bronze Cross

Swim Instructor

Must be 15 years old, completed Bronze Cross and Assistant Instructor

NEW Age Pre-Requisite

Lifesaving Instructor

Must be 15 years old, completed Bronze Cross and Assistant Instructor NEW Age Pre-Requisite

National Lifeguard

Must be 15 years old and Standard First Aid and Bronze Cross

NEW Age Pre-Requisite & curriculum

Get your Advanced Courses in Early!

Swim & Lifesaving Instructor and National Lifeguard (NL) prerequisite ages have been reduced from 16 years of age by the end of the course to 15 years of age by the end of the course.

Advanced Courses

Bronze Star | Basic First Aid | CPR-A

Bronze Star is the pre-bronze medallion training standard and excellent preparation for success in Bronze Medallion. Participants work on endurance, problem solving, decision making skills and develop water smart confidence. They learn CPR and the lifesaving skills needed to be their own personal lifeguard.

Prerequisite: Able to swim 100m, recommended 12 years of age. This award is a definite asset for those who have not reached the minimum age for Bronze Medallion. **100% Attendance is mandatory.**

Dates	Friday, January 24 7:30 - 9:00pm Saturday, January 25 1:30 - 7:30pm Sunday, January 26 1:30 - 7:30pm
Where	P & H Centre Pool & Lounge
Cost	\$153.00 Code: 9357

Bronze Medallion | Emergency First Aid | CPR-B

This course develops physical fitness, decision making and judgment skills for water rescue. Emergency First Aid knowledge skills are also covered. Candidate materials required for the course are included in the cost.

Prerequisite: 13 years of age (prior to exam) or Bronze Star award. 100% Attendance is mandatory.

Dates	Saturdays, February 1 & 8 1:00 - 8:30pm Sundays, February 2 & 9 1:00 - 8:30pm
Where	P & H Centre Pool & Lounge
Cost	\$369.46 Code: 9358

Assistant Swim Instructor

Through classroom learning and in-water practice, the Assistant Instructor course prepares candidates to help instructors with swimming and lifesaving skills. Candidates are introduced to key principles of learning and teaching while they master basic progressions. The roles and responsibilities of instructors and their assistants including the principles of healthy child development are emphasized. **Candidates must complete 18 apprenticeship hours during the course.**

Prerequisite: 14 years of age, Bronze Cross. 100% Attendance is mandatory.

Dates	Saturday, March 15 10:00 - 4:00pm Saturday, March 22 10:00 - 4:00pm Saturday, June 14 10:00 - 4:00pm	
Where	P & H Centre Pool & Lounge	
Cost	\$235.96 Code: 9359	

National Lifeguard (NL)

This intensive 40-hour course will train candidates in advanced water rescue, emergency care and aquatic supervision. Emphasis will be on accident prevention, leadership, teamwork and communication. NL is the standard lifeguarding certification across Canada.

Prerequisite: Bronze Cross (need not be current), 15 years of age by the end of the course. Must hold a valid Standard First Aid with CPR-C certificate from an approved agency to register in the course. **100% attendance is mandatory to complete the course.**

Dates	Friday, February 14 & 21 5:00 - 8:30pm Saturday, February 15 & 22 10:00am - 7:00pm Sunday, February 16 & 23 9:00am - 7:00pm
Where	P & H Centre Pool & Lounge
Cost	\$373.72 Code: 9361

Children's Programs

No School... No Problem! Check out our PA Day Children's Camp!

The Town of Hanover is committed to providing safe and quality programs while your child enjoys a day away from school. Participants will have the opportunity to swim, skate (optional), and participate in a variety of themed, interactive games and crafts. Pre-registration is required. Do so early to avoid disappointment! Participants must meet and not exceed maximum age restrictions by December 31, 2024.

Ages 5 to 11 years old

Where P & H Centre | Lions Den

Time 8:30am to 4:30pm

Cost \$48.40 per day/per child | 3rd or more children half price on the same day (same household)

School Break Camps

Winter Wonderland

Monday, December 30 | Code: 9247, Thursday, January 2 | Code: 9248, Friday, January 3 | Code: 9249
Bundle up for the frosty fun at our "Winter Wonderland" day camp! From snowman building contests to ice skating adventures, each day brings a new flurry of excitement. Children will cozy up with hot cocoa, enjoy creating winter crafts, sledding down snowy slopes, and even learning about animals in winter. With games, activities, daily swim and plenty of snowy surprises, it's a magical way to embrace the chill and celebrate the wonders of the season!

Friday, January 31 | Builders Brigade | Code: 9362

Gear up for a day of construction excitement at our Builder Brigade day camp! Young builders will unleash their creativity with hands-on activities like building forts and constructing bridges with Legos. Through teamwork challenges and imaginative projects, campers will discover the joy of building. Today is a new opportunity for budding architects and engineers to showcase their skills and have a blast!

March Break Camp | March Madness

Monday, March 10 to Friday, March 14

Monday | Code: 9365, Tuesday | Code: 9367,

Wednesday | Code: 9368, Thursday | Code: 9366,

Friday | Code: 9364, Full week | Code 9363

\$48.40/per day or \$217.80 per week | 3rd or more children half price on the same day (same household)

What better way to spend your time off school then by participating in marvelous activities, making magnificent crafts and spending time meeting new friends. This March break let's make some memories and have some fun. We will go swimming everyday so bring a bathing suit and towel. There is also optional skating every day, if you wish to participate please bring your skates, helmet and gloves.



Adult Programs

55+ Gentle Fitness Class

This 55+ fitness program is designed to challenge your balance, coordination and improve overall strength. This class is open for all fitness levels. If you are looking to start feeling stronger and have more energy, then this class is perfect for you.

Dates	January 22 to March 5 Code 9369			
	Cancelled February 19			
When	Wednesdays 9:30 - 10:30am			
Where	P & H Centre Lions Den			
Cost	\$77.61 (6 weeks) or			



Chair Yoga

This class will focus on stretching and strengthening the body in a simple and safe manner. No experience necessary. Breathing techniques will be taught as part of the content in this course to help the body relax and leave the room with a clear mind. Please wear comfortable clothing.

Dates	January 20 to February 24 Code 9370		
	Cancelled February 17		
When	Mondays 10:30 - 11:30am		
Where	P & H Centre Lions Den		
Cost	\$64.53 (5 weeks)		

Dates	January 23 to February 27 Code 9371			
When	Thursdays 9:00 - 10:00am			
Where	P & H Centre Lions Den			
Cost	\$77.44 (6 weeks)			

Standing Yoga

Beginners welcome! This is one of the best classes to get you started in Yoga. Work the body from head to toe, at a good pace and learn new postures and techniques. This class offers a great opportunity to relax and learn. Please wear comfortable clothing and bring your own Yoga mat.

Dates	January 23 to February 27 Code 9372		
When	Thursdays 10:30 - 11:30am		
Where	P & H Centre Lions Den		
Cost	\$77.44 (6 weeks)		



Carpet Bowling

This indoor game is similar to Lawn Bowling but utilizes smaller, lighter versions of bowling balls with less distance to bowl than the outdoor game. It is fun, challenging, and provides an excellent opportunity to socialize. Newcomers are always welcome!

Dates	January 7 to March 4
When	Tuesdays 1:30 - 3:30pm
Where	P & H Centre Lions Den
Cost	\$2.50 per visit



Skate Programs

Leisure Skating | September 11, 2024 to March 30, 2025

FREE Public Skate

Wednesdays | 4:00 - 4:50pm Sundays | 1:00 - 1:50pm Adult & Tot Skate (\$2.00 per adult)

Mondays | 9:00 - 10:00am Fridays | 9:00 - 10:00am Adult/Senior Skate (\$2.00 per person)

Mondays | 10:00 - 11:00am Fridays | 10:00 - 11:00am

There are times when public, adult & tot and adult/senior skating are cancelled due to special events. For changes to leisure skate schedule visit hanover.ca/skating or pickup a skate schedule at the front desk of the P & H Centre.

PA Day Skates & Shinnys

FREE Public Skates | 11:00 - 11:50am

Thank you to our Sponsors

Monday, December 23 Friday, December 27 Friday, January 3

Monday, December 30

Adult & Senior Skates | 1:00 - 1:50pm

Monday, December 23 Friday, December 27 \$2.00 per person. Monday, December 30

Friday, January 3

Shinny

Monday, December 23 Monday, December 30 Friday, December 27 Friday, January 3

 Intermediate
 Ages 9 - 12
 9:00 - 10:00am

 Senior
 Ages 13 - 17
 10:00 - 11:00am

\$4.00 per person. Helmets and gloves are mandatory. Full equipment is strongly recommended.

Public Skate Rules

- No shoes are allowed on the ice surface.
- Children ages 7 and under must be accompanied and directly supervised on the ice by a person 16 years of age or older.
- Absolutely no spitting will be tolerated and is cause for immediate removal from the facility.
- The pylon marked area is reserved for parents with small children, strollers and those learning to skate. All other skaters please remain clear of this area.
- Balls, pucks, sticks, chairs or any other items that would impact the safety of any skater is not permitted
- Skaters can bring their own CSA approved skate aids.
- Appropriate behaviour is expected. Horseplay, games figure skating (jumps, spins, etc.) and high speed skating could jeopardize the safety of others and are deemed inappropriate.
- Food & drink are not permitted on the ice surface.
- Carrying a child on the ice surface is not permitted.
- Please exit the ice surface promptly when buzzer sounds.
- Children 7 yrs. of age and under must wear a CSA approved helmet. It is strongly recommended that all users wear a CSA approved helmet

Slice of Ice Shinny Rentals

For shinny rentals during PA Days, Christmas Break, March Break or Snow Days. Shinny rate available Monday to Friday, 7:00am to 4:00pm, when booking is less than 24 hours in advance of the ice booking. \$38.60 per hour + insurance + HST.

Some great 'last minute' ice rates available:

Prime Time – Last minute booking, less than 72 hours (3 days) prior to booking - \$115.45 per hour + insurance fee + HST.

Non Prime Time – 7 days or less of booking date - \$67.40 per hour + insurance fee + HST. This is 50% off non-prime rate & opportunity to book your preferred ice time for PA days, Christmas Break or March Break.

Call 519.364.2310 x 2135 to inquire about date and time availability. Payment is required at time of booking. *Prices subject to change.

Children & Adult Ice Programs

Intro to Hockey - Learn it, Play it, Love it!

Hanover is excited to re-offer "Intro to Hockey" for first-time players between the ages of 6-12 years old. This program is a low cost, low commitment introduction to the sport, and will help develop the skills of the game through play and fun games. It is recommended for non-registered minor hockey players. Participants will learn technical skills such as puck handling, shooting, and passing in a recreation, and non-body contact environment, helping give your child confidence on the ice. No previous hockey experience is necessary, however basic skating skills are required. **Completion of a Learn-to-Skate program is recommended.**

Required Equipment: CSA Approved Helmet with cage/mask, Hockey Gloves, Skates, Stick. *Please note that full equipment is not necessary but is strongly encouraged for the safety of all participants.

Dates	January 20 to March 24				
	Cancelled February 17 & March 10				
When Mondays 4:00 - 4:50pm					
Where	P & H Centre Ice				
Ages	6 to 12 years old				
Cost	\$135.65 Code 9373				

Recommended for non-registered minor hockey players

"Great idea to introduce kids to the sport at a reasonable cost. Great Instructors."
- Intro to Hockey Participant



Huff n Puff Hockey

Recreational pick-up hockey with an emphasis placed on the social aspects of the game. Our program is intended for players who are friendly, enthusiastic and ready to cheer on teammates while playing a good game of hockey! *Ages 50 and above.

Dates	January 3 to March 28, 2025 January 7 to March 25, 2025			
When	Tuesdays 3:30 - 4:20pm Fridays 3:30 - 4:20pm			
Where	P & H Centre Ice			
Cost	\$12.00 per visit or \$108.00 for a 10 visit pass			



FAMILY DAY IN HANOVER

MONDAY FEBRUARY 17TH 11:00AM-2:30PM



FREE Public Skating



FREE Public Swims



FREE Family Activities & Games









SKATING SPONSOR

Are you interested in supporting your community and sponsoring a public skate in the 2024/2025 ice season?

Contact Brandon Dobson 519-364-2310 x 2128 | bdobson@hanover.ca for more information





Town of Hanover Facilities & Walking Track

Facilities for Rent

Are you planning a reception, banquet, seminar or meeting? The Town of Hanover has a variety of facility rental options throughout the Town that could accommodate your next private or corporate function. For more information call 519.364.2310. Discount available upon booking 5 or more room rentals.

Note: Maximum capacity for rooms are subject to room setup style.

Location	Facility	Maximum	Setup Styles	Equipment	Kitchen(ette)
Civic Centre	Saugeen Room	30	Boardroom, Classroom,	Tables, Chairs, Overhead Presentation Screen	Х
	Community Hall	141	Theatre/Presentation		X
	Theatre	266		Accessible Seating	
P & H Centre	Boardroom	14			
	Auxilary Room	25	Boardroom, Classroom, Theatre/Presentation, (Round tables Lions Den only)	Tables, Chairs, (Overhead Presentation Screen - Lions Den only)	
	Classroom	45			X
	Lounge	50			X
	Lion's Den	125	Offity)		X
	Ice Pad	2100		Tables & Chairs	
	Pool (Regional Aquatic Centre)	230	Water Slide, Beach Umbrella, Tarzan Rope, Sauna, Swirlpool, Beach entry Wading Pool, 5-Lane Lap Pool. Pool is accessible.		



Enjoy a walk or run on the P & H Centre's 100 metre (300 feet) walking track.

18 laps on the track = 1 mile.

11 laps on the track = 1 kilometer.

The walking track includes varying elevations, unique views and a place to walk/run in all kinds of weather! Extended options are available by using the spectator seating area and stairs (approximately 1000 feet). Just 30 minutes of brisk walking or jogging each day can help improve mental and physical health.

Track & Dryland Training Use

Our track and dryland training area is free to use by all patrons. Our self propelled dryland training equipment harnesses the resistance of your own body weight to provide a challenging workout experience. Donations are appreciated - please deposit in donation box or drop by the Customer Service Desk. Walking track and dryland training area will be available for use during P & H Centre's facility hours.

Patrons are welcome to share the track during the facility hours. There are times when the walking track will be closed due to large events hosted at the P & H Centre. Children 13 years and under using the track and/or equipment must be accmpanied and supervised by an adult.

Civic Theatre

Hanover Civic Theatre

Our Civic Theatre has served as an arts and cultural location for over 100 years! It is located in our downtown core at 443 10th Avenue (same building as municipal offices & library). A venue that hosts a variety of musical performances, theatre productions and dance recitals.

The Civic Theatre & Community Hall provides the following features:

- Bandshell style stage with access to backstage area and lower level dressing rooms.
- Tiered seating for 266 audience members with accessible seating available.
- Accessible by elevator.
- Climate controlled environment.
- Lighting & Sound system (requires Town operator to be hired).
- Access to the Community Hall for intermission and souvenir sales.

The Theatre and Community Hall is a great location for:

- Keynote speaker sessions.
- Music, dance and theatre performances.
- Fashion shows.
- Ceremonies or events.

For rental inquires, contact Hanover Parks, Recreation & Culture at 519.364.2310 x 2135.





Winter 2025 Theatre Events

For more details regarding their performances and productions, see visit website.

Hanover Community Players

November 29 to December 8, 2024

Show: The Sound of Music

February 22 to March 1, 2025 Show: Love, Loss and What I Wore hanovercommunityplayers.ca

Grey Bruce Singers Concert

November 15 to 17, 2024 greybrucesingers.ca

Back Porch Events Concert Series

Tickets available at: www.backporchevents.ca

December 13, 2024 Simply the Best | An Evening with Tina

December 31, 2024 Aeroforce

January 25, 2025 No Sugar Tonight

February 8, 2025 The Mudmen

February 21, 2025 Dolly & Reba

March 21, 2025 Motown Mania

Community Organizations

	Canadian Mental Health		
Airport	Association Grey Bruce 519.371-3642 x 2003		
Saugeen Municipal Airport	greybruce.cmha.ca		
	Cerebral Palsy Guidance1.877.244.9686		
Arts & Culture	Community Living Hanover & Area		
Grey Bruce School of Dance	Jill Pilkington519.364.6100 x 1		
Tammy Bartleyinfo@greybrucedance.com greybrucedance.com	Fifth Hanover Beavers, Cubs & Scouts519.378.4143 scouts.ca		
Grey Bruce Singers	Girl Guides of Canada Community 5		
Dianne Schenk info@greybrucesingers.ca 519.392.8351 greybrucesingers.ca	Nancy Mellish519.378.4671 girlguides.ca hanoverguiding@gmail.com		
Hanover Community Players 519.506.6902 info@hanovercommunityplayers.ca	Grey Bruce Public Health Unit800.263.3456 publichealthgreybruce.on.ca		
Hanover Heritage Committee	Hanover Family Health Team		
Al Morrow519.364.4810	Stacey Voisin		
Kerry Moore School of Dance519.364.1155 kmsdance.com	Heart and Stroke Foundation		
New Millenium Quilters Guildnewmillenniumquiltersguild@gmail.com	Home & Community Care Support Service 800.267.3798 hcssgreybruce.com		
DancEngery info@dancenergystudios.com	Horticultural Society		
dancenergystudios.com	Barb Fleming519.364.3153		
Saugeen Artist Guildsaugeenartists@gmail.com	Hospital Auxiliary519.364.2340		
Business Contacts	Hospital Foundation519.364.2340 x 203		
Town of Hanover Economic Development 519.364.2780	Kids Help Phone1.800.668.6868		
Downtown Improvement Area519.364.5777	Launch Pad Youth Activity		
Hanover Chamber of Commerce	& Technology Centre519.506.6300		
hanoverchamber.ca	mylaunchpad.ca		
Saugeen Economic Development Corp519.799.5750	Legion Ladies Auxiliary Branch #130519.477.0043		
sbdc.ca	Lions Club Kevin Raszmanninfo@hanoverlions.com		
Community Organizations & Services,	Masonic Lodge Hanover No. 432 GRC		
Local Charities	lan McDougall 519.506.9541		
Air Cadets812air@cadets.gc.ca	Multiple Sclerosis Society800.268.7582		
812aircadets.ca	Ontario Early Years Centre (Hanover Site) 519.376.8808		
Alzheimer Society of Grey Bruce519.376.7230	grey.ca/childrens-services/early-on		
info@alzheimergreybruce.com	Owen Sound & Area Bereavement Support Group		
Bruce Grey Mentorship519.506.5065	Angela Campbell-Wyborn519.376.5895 x 232		
info@brucegreymentorship.ca	Parkinson Society of SW Ontario888.851.7376		
Bruce Grey Child & Family Services519.371.4453	psso.ca		
Canadian Cancer Society1.888.939.3333	PROBUS Club		
cancer.ca	Jeanette Wilken519.364.2642 www.hapc.ca		
Central Grey-Bruce Community Mental Health Team	www.паро.оа		

Crisis Line 1.877.470.5200 or 519.364.7788

Community Organizations

Rotary Club Heather Curran rotaryofhanover.ca	226.230.0904
Royal Canadian Legion Branch #130 legion.ca	519.364.1130
Saugeen R/C Flyers Rick Kuyfsaugeenrc.ca	519.387.2370
Saugeen Stamp Club Walter Berrywsber	ry@sympatico.ca
Saugeen Toastmasters	519.477.2629
Senior Citizen Friendship Clubhouse Wayne Noble	519.364.1551
Social Services Grey Countyintake@grey.ca	519.376.7374
South Grey Bruce Youth Literacy Council sgbyouthliteracy.org	519.364.0008
St. John Ambulancesja.ca	519.364.7004 x 5
The Deck Youth Centreinfo@yfchanover.com	519.364.0423
T.O.P.S. (Take Off Pounds Sensibly) Judy Bell	519.900.0990
Victorian Order of Nursesvon.ca	519.376.5895
Wes for Youth Onlinewesforyouthonline.ca	519.507.3737
Womens House of Grey & Bruce County Counseling Crisis Linewhsbg.on.ca	800.265.3026
YMCA Community & Employment Service	es 519.364.3163

Festivals & Events

Canada Day	519.364.2310
Hanover Bentinck, Brant Fall Fair	
Doreen Schultz	info@hanoverfair.ca
hanoverfair.ca	
Santa Claus Parade	rotarvofhanover ca

Fitness

New Heights Fitness & Wellness Centre 519.364.2224 newheightsfitness.ca
The Lift Fitness Studio
VON SMART Exercise & Falls Prevention Program for Seniors 519.376.5895 von.ca/en/site/grey

Outdoor

Badminton Club

Saugeen Valley Conservation Authority .519.364.1255 x 222 saugeenconservation.ca
Saugeen Naturesaugeenfieldnaturalists@yahoo.ca www.saugeenfieldnaturalists.com

Sports & Recreation

Brad Burgess 519.506.8020
Basketball, Youthhanoverybl@gmail.com
Greenwave Soccer cyprian@greenwavesoccer.ca
Goodtimers Hockey Don Sears
Hanover Aerials Gymnastics Club Brenda Jolly
Hanover Barons Jr. Cbarons@eastlink.ca hanoverbarons.pjhlon.hockeytech.com/
Hanover Curling Club519.378.8617 hanovercurlingclub.com
Hanover & District Figure Skating Club519.364.7494 hanoverskatingclub@hotmail.com
Hanover Minor Ballhanoverminorbaseball@gmail.com hanoverminorball.ca
Hanover Minor Soccer Jonathan Hopkins president@hanoverminorsoccer.ca hanoverminorsoccer.ca
Hanover Minor Ringettehmringette@gmail.com hanoverringette.ca
Hanover Mixed Slo-Pitch League Courtney Mellish519.377.1527 hanovercoedslopitch@gmail.com
Hanover Raceway 519.364.2860 x 2
Hanover Swim Clubhanoverswimclub@outlook.com hanoverswimclub.ca

Community Organizations

Hanover Tennis & Pickleball Club Steve Westman	
Horseshoe League, Men's Josh Zeigler	
Karate Dojo, The705.321.9177 thekaratedojo.ca info@thekaratedojo.ca	
Kung Fu, Golden Tiger School519.364.0123 thegoldentiger.com	
Lawnbowling Club Theresa Bester	
Legion Oldtimers Hockey Matt White	
Master's Slo-Pitch League Don Schumacher519.889.1340	
Men's Church Hockey League Matt White 519.373.2260	
Ontario Special Olympics	
Saugeen Triathalon Club danicametcalfe@gmail.com	
Saugeen Valley Minor Hockey Jeremy White president@saugeenvalleyminorhockey.com saugeenvalleyminorhockey.com	
Shuffleboard Wayne Noble519.364.1551	
Snowmobile Club Mariclaire Saunders519.369.7706	
Swingbowling stmatthews@wightman.ca	
Volleyball, Hanover Ladies Rec League Becky Collins 519.277.1978	
West Grey ATV Clubwestgreyatv@gmail.com	





Hanover's Innovative People Program

Hanover is a vibrant cultural community waiting for you to discover what it has to offer. So take our Cultural Quiz to see what type of cultural explorer you are. With your results, we'll provide you a list of activities and groups you might be interested in, can volunteer with, and who knows who you might meet.

START QUIZ





Hanover Parks, Recreation & Culture 269 7th Avenue Hanover, ON N4N 2H5 519.364.2310 | hanover.ca