

Emergency Kits



Emergencies and disasters can happen at any time.

This could mean utilities are out, roads are closed and you can't get the crucial supplies you need.

You should be prepared to take care of yourself and your family for up to three days in the event of an emergency or disaster.

Keep your kit in a place everyone in your family knows about.

Know the risks

Make a plan

Prepare a kit

Why 72 Hours?

People must be prepared to cope on their own for at least 72 hours (three days) of a disaster.

This allows emergency workers to focus on people in the most urgent need.

Make sure your 72 hour emergency kit contains;

- ☐ Flashlight and batteries
- ☐ Radio and batteries or crank
- ☐ Spare batteries
- ☐ Family first aid kit
- ☐ Candles and matches/lighter
- ☐ Extra car keys and cash
- ☐ Important papers (identification)
- ☐ Clothing and footwear
- ☐ Blankets or sleeping bag
- ☐ Toilet paper and other personal items
- ☐ Medication, spare glasses, aids
- ☐ Whistle (to attract attention if needed)
- ☐ Playing cards, games, toys
- ☐ Manual can opener, bottle opener
- ☐ Map of Hanover
- ☐ Baby supplies/diapers
- ☐ Pet food and supplies
- ☐ Pocket knife or multi tool
- ☐ Container/Backpack/Bag for your kit
- ☐ Battery operated lantern
- ☐ Disposable cutlery
- ☐ Water – at least 4 litres per person per day. Two for drinking and two for food preparation, hygiene and dishwashing
- ☐ Food for 3 days per person – choose ready to eat foods that don't require refrigeration. Canned food, crackers, honey, peanut butter, syrup, jam, instant coffee or tea (consume and replace food and dry goods once a year to ensure freshness).

Preparation you can't live without.

For more tips on emergency preparedness:

<https://www.hanover.ca/resident-services/public-safety/emergency-preparedness>