

Lesson Expectations

Instructors & Assistant Instructors

All classes will be taught by a certified Lifesaving Society Swim Instructor. Our Instructors have spent over 200 hours taking courses and volunteering in aquatic instructional programs to prepare them to teach your children.

First Lesson

In our effort to ensure that your child receives the best possible instruction, we ask that you review the 1st lesson information sheet emailed to you. As well, we ask that you bring your child's most recent report card to the first lesson. This will help your swim instructor tailor their classes to effectively meet the needs of each child.

Progress Evaluation

All participants in swimming lessons are evaluated on an ongoing basis throughout the session. Participants who complete all of the required skills will complete the level.

Swimming Attire

- All patrons must wear appropriate swimming attire suitable for a public family environment.
- Swimming attire is defined as clothing that is clean and used specifically for the purpose of swimming.

Did You Miss a Lesson?

Swimming lessons may be cancelled due to unforeseen circumstances. **Make up lessons are not available due to participant absence.**

Swim Lessons Prescreening

What level should you register in?

If you are unsure on what level to sign your child up for, it is highly recommended to schedule a prescreen time to have your child's swimming ability assessed. Staff members will evaluate your child's swimming abilities and recommend the appropriate level.

Call 519.364.2310 x 2121 to arrange a time.

Appropriate Levels

Your child's instructor may recommend a change in level if they feel your child is not registered in an appropriate level. **Staff reserve the right to move a child if circumstances dictate.**

Stroke Correction

Struggling with a specific swimming stroke? Join us and work on a variety of drill-type exercises to improve your strokes. ***Swimmer 4 & up. Must be currently enrolled in swim lessons.**

Dates	April 2 to May 10, 2025
When	Wednesdays 5:45 - 6:15pm Saturdays 12:00 - 12:30pm
Cost	\$5.00 per visit

