

Spring 2025 Aquatics Schedule

Spring Schedule | March 17 to June 29, 2025

*Pool hours are subject to change (ie. weather, event bookings, pool fouling, staff availability, etc.).
Lockers are .25 cents or .50 cents depending on the size of the locker.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim Lap pool and Sauna ONLY Swim a loop in a slow, medium or fast lane.						
6:00 - 8:00am 11:30 - 1:00pm	11:30 - 1:00pm 8:30 - 9:15pm (3 lanes)	6:00 - 8:00am 11:30 - 1:00pm	11:30 - 1:00pm	6:00 - 8:00am 11:30 - 1:00pm	6:00 - 7:00am	11:45 - 12:45pm
Aquafit 45 minute Instructor-led classes with 10-15 minutes at the end for independent cool down.						
8:15 - 9:15am 5:15 - 6:15pm (3 lanes)	2:30 - 3:30pm	8:15 - 9:15am 1:30 - 2:30pm (Gentle Fit)	2:30 - 3:30pm 8:35 - 9:30pm	8:15 - 9:15am		
Adult N' Tot Wading pool play time for children 6 years and under with an adult. *No more than 2 children per adult. Swim diapers are available at the customer service desk for \$2.50 each.						
9:15 - 10:15am	9:15 - 10:15am 5:45 - 6:45pm	9:15 - 10:15am	9:15 - 10:15am	9:15 - 10:15am		
Public Swim (1 hour) Entire Pool						
		6:30 - 7:30pm			1:00 - 2:00pm	1:00 - 2:00pm
Adult/Senior Main pool and swirl-pool *One lane available for leisure swim only*						
10:15 - 11:15am 2:30 - 3:30pm	10:15 - 11:15am	2:30 - 3:30pm	10:15 - 11:15am	10:15 - 11:15am 2:30 - 3:30pm		
Family Swim (1 hour) Entire Pool Children under 18 must be accompanied into the pool by an adult.						
						10:30 - 11:30am

Aquatics Notes and Changes

April 3, 17 & May 1 | Lane Swim 11:30 - 1:00pm cancelled.

April 18, 20 & 21 | Easter Weekend Pool Closed.

May 19 | Victoria Day Pool Closed.

May 25 | Family Swim, Lane Swim & Public Swim cancelled for a Special Event.

June 27 | Adult & Senior Swim 2:30 - 3:30pm cancelled.

****Effective March 17 | Rates and Fees will be increasing for drop-in programs and memberships. Please refer to page 3**

