

Winter 2026 Aquatics Schedule

Winter Schedule | January 5 to March 13, 2026

*Pool hours are subject to change (ie. weather, event bookings, pool fouling, staff availability, etc.).
Lockers are available for .25 cents or .50 cents depending, on the size of the locker.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim Lap pool and Sauna ONLY Swim a loop in a slow, medium or fast lane.						
6:00 - 8:00am 11:30 - 1:00pm	6:00 - 8:00am (3 lanes) 11:30 - 1:00pm 8:30 - 9:15pm (3 lanes)	6:00 - 8:00am 11:30 - 1:00pm	11:30 - 1:00pm	6:00 - 8:00am 11:30 - 1:00pm	6:00 - 7:00am	12:00 - 1:00pm (4 lanes)
Aquafit 45 minute Instructor-led classes with 10-15 minutes at the end for independent cool down.						
8:15 - 9:15am 5:15 - 6:15pm (3 lanes)	2:30 - 3:30pm	8:15 - 9:15am 1:30 - 2:30pm (Gentle Fit)	2:30 - 3:30pm 6:15 - 7:10pm (4 lanes)	8:15 - 9:15am		
Adult N' Tot Wading pool play time for children 6 years and under with an adult. *No more than 2 children per adult. Swim diapers are available at the customer service desk for \$2.50 each.						
9:15 - 10:15am	9:15 - 10:15am 5:45 - 6:45pm	9:15 - 10:15am	9:15 - 10:15am	9:15 - 10:15am		
Public Swim (1 hour) Entire Pool						
		6:30 - 7:30pm			1:15 - 2:15pm	1:15 - 2:15pm
Adult/Senior Main pool and swirl-pool *One lane available for leisure swim only*						
10:15 - 11:15am 2:30 - 3:30pm	10:15 - 11:15am	10:15 - 11:15am 2:30 - 3:30pm	10:15 - 11:15am	10:15 - 11:15am 2:30 - 3:30pm		
Family Swim (1 hour) Entire Pool Children under 18 must be accompanied into the pool by an adult.						
						10:45 - 11:45am

Aquatics Notes and Changes

January 1 | Pool closed for New Years Day.

January 12 | Pool Closed from 8:00am to 12:00pm.

February 16 | Family Day | Regular pool programs cancelled. Family Day public swim to be confirmed.

March 3 | Daytime programs between 9:00am to 3:00pm cancelled.

February 25, March 4 & 11 | Adult/Senior Swim 10:15 - 11:15am cancelled.

