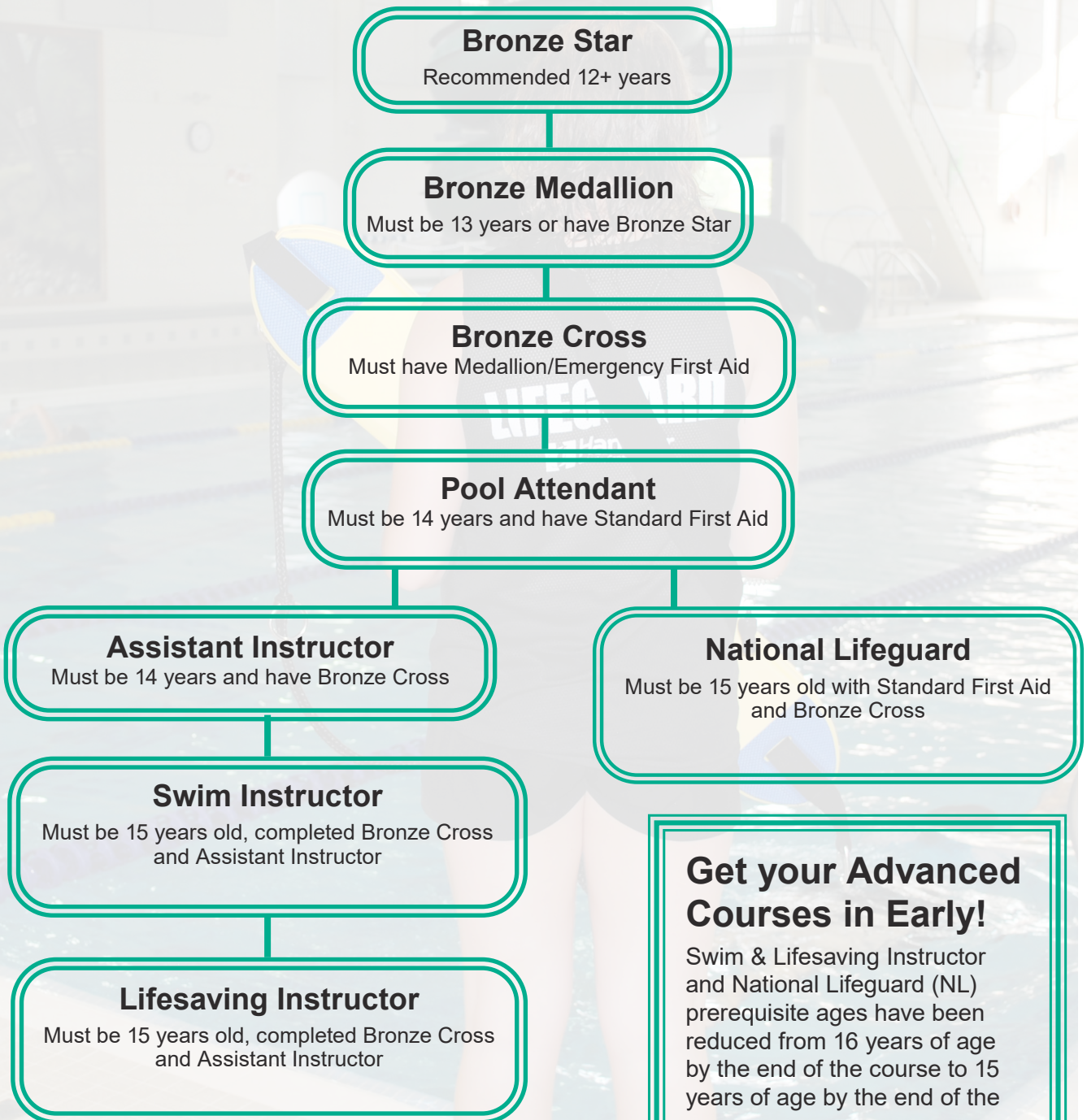


Want to become a Lifeguard and Swim Instructor?



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Swim & Lifesaving Instructor and National Lifeguard (NL) prerequisite ages have been reduced from 16 years of age by the end of the course to 15 years of age by the end of the course.