Advanced Courses

Want to become a Lifeguard and Swim Instructor?

Bronze Star
Recommended 12+ years

Bronze Medallion
Must be 13 years or have Bronze Star

Bronze Cross
Must have Medallion / Basic First Aid | CPR-C

Assistant Instructor
Must be 14 years and have Bronze Cross

Swim Instructor
Must be 15 years old, completed Bronze Cross and Assistant Instructor

Lifesaving Instructor
Must be 15 years old, completed Bronze Cross and Assistant Instructor

National Lifeguard
Must be 15 years old with Intermediate First Aid | CPR-C and Bronze Cross