

Private, Semi-Private Lessons & Adult Lessons

Private & Semi-Private Lessons

Private and semi-private lessons are available for swimmers who need assistance mastering a particular skill / stroke or needs more one-on-one teaching. A few lessons with a private instructor will often prepare the individual to continue with group lessons. All lessons are 30 minutes in length. Minimum age is four years old. To arrange private or semi-private lessons call the P & H Centre at 519.364.2310. ***Below cost is per person.**

Private and semi-private participants will be required to follow the same lesson expectations outlined on page 6. Make-up lessons are not available due to participant absence.

Fall 2026 / Winter 2027	Per Lesson	Eight Lessons
Private	\$49.95	\$299.70
Semi-Private	\$41.90	\$249.60

Fall 2026

Cancelled Lessons: Monday, October 12, 2026

Programs	Mondays Sept 28 - Nov 23	Tuesdays Sept 29 - Nov 17	Wednesdays Sept 30 - Nov 18	Thursdays Oct 1 - Nov 19	Saturdays Oct 3 - Nov 21
Private or Semi-Private Lessons	4 - 4:30 p.m. 4:30 - 5 p.m. 5 - 5:30 p.m.	4 - 4:30 p.m. 4:30 - 5 p.m. 5 - 5:30 p.m.	4 - 4:30 p.m. 4:30 - 5 p.m. 5 - 5:30 p.m. 5:30 - 6 p.m.	4 - 4:30 p.m. 5 - 5:30 p.m. 5:30 - 6 p.m. 6 - 6:30 p.m.	9:45 - 10:15 a.m. 10:15 - 10:45 a.m. 10:45 - 11:15 a.m. 11:15 - 11:45 a.m. 11:45 a.m. - 12:15 p.m.

Winter 2027

Programs	Tuesdays Jan 12 - Mar 2	Wednesdays Jan 13 - Mar 3	Thursdays Jan 14 - Mar 4	Saturdays Jan 16 - Mar 6
Private or Semi-Private Lessons	4 - 4:30 p.m. 4:30 - 5 p.m. 5 - 5:30 p.m.	4 - 4:30 p.m. 4:30 - 5 p.m. 5 - 5:30 p.m.	4 - 4:30 p.m. 4:30 - 5 p.m. 5 - 5:30 p.m. 6 - 6:30 p.m.	9:15 - 9:45 a.m. 9:45 - 10:15 a.m. 10:15 - 10:45 a.m. 10:45 - 11:15 a.m. 11:15 - 11:45 a.m. 11:45 a.m. - 12:15 p.m.

Adult Lessons

Now is a great time to learn how to swim for fun, fitness, to strengthen your strokes and boost your confidence. This program offers swimming skills / water safety instruction for adults and seniors. Lessons will be designed to meet the needs of the individual in a supportive environment. Ages 18 and above. For more information contact 519.364.2310 x 0

Fall 2026

Dates September 30 - October 21 (four weeks)

When Wednesdays | 5:30 - 6 p.m.

Cost \$51.13 | Code: 10446

Fall 2026

Dates October 3 - November 21 (eight weeks)

When Saturdays | 10:15 - 10:45 a.m..

Cost \$102.26 | Code: 10447

Winter 2027

Dates January 16 - March 6 (eight weeks)

When Saturdays | 9:45 - 10:15 a.m. | Code: 10448
Saturdays | 11:15 - 11:45 a.m. | Code: 10456

Cost \$102.26